

BMW X1 NATURE RACE

Data
Gara

20/09/2015
Easy Natura Race

Generale

pos	pett.	atleta	sex	cat.	p.cat team	naz	race time	real time	gap	media
1	349	MELIS ROBERTO	M		INDIVIDUALE	ITA	0:35:46	0:37:45		5:01
2	320	MASCIA Giuseppe	M		SARRABUS RUNNERS	ITA	0:36:16	0:38:09	+30	5:05
3	276	SIAS MICHELE	M		A.S.D. ISOLA SPORTIVA	ITA	0:36:17	0:37:43	+31	5:01
4	318	MEDDA ALESSANDRO	M		INDIVIDUALE	ITA	0:36:17	0:36:17	+31	4:50
5	220	FARIGU SILVIA	F		ADELANTE	ITA	0:36:18	0:38:11	+32	5:05
6	250	PANI ANDREA	M		SPECIALCARTEAM	ITA	0:36:34	0:38:22	+48	5:06
7	340	DEIDDA ANDREA	M		INDIVIDUALE	ITA	0:36:37	0:36:37	+51	4:52
8	293	Marongiu Fabio	M		IS MOLENTIS	ITA	0:36:52	0:36:52	+1:06	4:54
9	347	FARCI VINCENZO	M		INDIVIDUALE	ITA	0:37:04	0:38:57	+1:18	5:11
10	339	ANGUS ENRICO	M		INDIVIDUALE	ITA	0:37:26	0:39:20	+1:40	5:14
11	328	Garau Fausto	M		INDIVIDUALE	ITA	0:37:41	0:39:35	+1:55	5:16
12	259	Sarnataro Gennaro	M		FLAMINGOS	ITA	0:38:40	0:38:40	+2:54	5:09
13	334	CARDI RUDY	M		MTGZ	ITA	0:38:47	0:38:47	+3:01	5:10
14	223	DESSI' BENIAMINO	M		ADELANTE	ITA	0:38:50	0:40:40	+3:04	5:25
15	241	Gusinu Giovanni	M		IS PARDULAS	ITA	0:39:18	0:40:58	+3:32	5:27
16	289	Pilia Damiano	M		KARISMA	ITA	0:39:44	0:41:18	+3:57	5:30
17	294	Marongiu Andrea	M			ITA	0:39:55	0:41:48	+4:09	5:34
18	225	ASUNI MARCO	M		INDIVIDUALE	ITA	0:39:59	0:39:59	+4:13	5:19
19	205	CAMPUS DIEGO	M		CROSSFIT KASTEDDU	ITA	0:40:26	0:42:22	+4:40	5:38
20	227	Schirru Alessio	M		INDIVIDUALE	ITA	0:40:34	0:42:23	+4:48	5:39
21	201	BERTOVA MONIKA	F		CROSSFIT KASTEDDU	ITA	0:41:22	0:43:20	+5:36	5:46
22	270	MURRU PIETRO PAOLO	M		A.S.D. ISOLA SPORTIVA	ITA	0:41:32	0:41:32	+5:46	5:32
23	356	CARIA ANTONIO	M		INDIVIDUALE	ITA	0:41:32	0:41:32	+5:46	5:32
24	319	LAI Massimiliano	M		SARRABUS RUNNERS	ITA	0:41:55	0:41:55	+6:09	5:35
25	321	PIRAS Fabio	M		SARRABUS RUNNERS	ITA	0:41:55	0:43:46	+6:09	5:50
26	333	piras ivan	M		INDIVIDUALE	ITA	0:42:19	0:44:11	+6:33	5:53
27	292	Ligas Franco	M		IS MOLENTIS	ITA	0:42:24	0:44:17	+6:38	5:54
28	204	Murgioni Enrico	M		CROSSFIT KASTEDDU	ITA	0:42:30	0:44:29	+6:44	5:55
29	345	PILI IGNAZIO	M		INDIVIDUALE	ITA	0:42:58	0:44:48	+7:12	5:58
30	72	Cantone Mirko	M		TEAM PROACTION	ITA	0:43:06	0:43:06	+7:20	5:44
31	247	Congiu Roberto	M			ITA	0:43:10	0:43:10	+7:24	5:45
32	258	Porceddu Mirko	M		FLAMINGOS	ITA	0:43:15	0:44:40	+7:29	5:57
33	221	FENUCCIO KATYUSCIA	F		ADELANTE	ITA	0:43:21	0:45:12	+7:35	6:01
34	311	Gaia Michele	M		HIMALAYA	ITA	0:43:25	0:45:12	+7:39	6:01
35	212	CARTA ANDREA	M		LIONSFITCLUB	ITA	0:43:47	0:43:47	+8:01	5:50
36	295	Muntoni Lorenzo	M			ITA	0:43:58	0:45:41	+8:12	6:05
37	308	Orrù Stefano	M		HIMALAYA	ITA	0:44:05	0:45:50	+8:19	6:06
38	352	CADDEO ROBERTO	M		INDIVIDUALE	ITA	0:44:55	0:44:55	+9:09	5:59
39	202	Tocco Alessandro	M		CROSSFIT KASTEDDU	ITA	0:45:00	0:46:57	+9:14	6:15
40	249	MARRAS MARCELLO	M		SPECIALCARTEAM	ITA	0:45:21	0:47:13	+9:35	6:17
41	297	Cogoni Mariaelena	F			ITA	0:45:32	0:45:32	+9:46	6:04
42	310	Pala Massimiliano	M		HIMALAYA	ITA	0:45:33	0:47:19	+9:47	6:18
43	309	Orrù Alessandro	M		HIMALAYA	ITA	0:45:46	0:47:31	+10:00	6:20
44	296	Aledda Anna	F			ITA	0:45:49	0:45:49	+10:03	6:06
45	226	Cannas Cristiana Katia	F		INDIVIDUALE	ITA	0:45:56	0:47:50	+10:09	6:22
46	322	SACCHITELLA ALESSIO	M		FLAMINGOS	ITA	0:45:56	0:45:56	+10:10	6:07
47	255	Murgia Cristian	M		FLAMINGOS	ITA	0:45:57	0:47:21	+10:11	6:18
48	253	Raccis Alessio	M		FLAMINGOS	ITA	0:45:57	0:47:22	+10:11	6:18
49	307	Cossu Stefano	M		HIMALAYA	ITA	0:45:59	0:47:46	+10:13	6:22
50	222	LAI MAURIZIO	M		ADELANTE	ITA	0:46:00	0:47:50	+10:14	6:22
51	224	DESSI' LUCA	M		ADELANTE	ITA	0:46:00	0:47:49	+10:14	6:22
52	266	Tonelli Laura	F		RADIO MELA	ITA	0:46:10	0:47:54	+10:23	6:23
53	219	NUZZO ALESSANDRO	M		LIONSFITCLUB	ITA	0:46:23	0:48:05	+10:37	6:24
54	298	Loni Orlando	M			ITA	0:46:30	0:48:29	+10:44	6:27
55	244	Sanna Raffaella	F		SANNA'S TEAM	ITA	0:46:31	0:48:22	+10:45	6:26
56	350	Figliola Fabrizio	M		RADIO MELA	ITA	0:46:52	0:46:52	+11:06	6:14
57	264	Ferramola Luca	M		RADIO MELA	ITA	0:47:02	0:48:49	+11:16	6:30
58	336	FALANCA FABIO	M		ISOLA SPORTIVA	ITA	0:47:19	0:48:51	+11:33	6:30
59	351	HEIKE STUDLER	M		INDIVIDUALE	ITA	0:47:36	0:49:02	+11:50	6:32

Generale

pos	pett.	atleta	sex	cat.	p.cat team	naz	race time	real time	gap	media
60	268	SCIONI M. ASSUNTA	F		CROSSFIT CAPOTERRA	ITA	0:48:21	0:50:15	+12:35	6:42
61	342	ADRIAN FLUCK	M		INDIVIDUALE	ITA	0:49:23	0:50:50	+13:37	6:46
62	343	MAIRE BARBARA	F		INDIVIDUALE	ITA	0:49:24	0:50:51	+13:38	6:46
63	257	Conti Carla Erika	F		FLAMINGOS	ITA	0:50:37	0:52:01	+14:51	6:56
64	283	PUTZU EMANUELE	M		A.S.D. ISOLA SPORTIVA	ITA	0:51:57	0:51:57	+16:11	6:55
65	261	Mocco Alessandra	F			ITA	0:52:01	0:53:24	+16:14	7:07
66	354	MASSIDDA STEFANIA	M		INDIVIDUALE	ITA	0:52:07	0:52:07	+16:21	6:56
67	214	COLLU SILVIA	F		LIONSFITCLUB	ITA	0:52:07	0:52:07	+16:21	6:56
68	291	Melis Federico	M		IS MOLENTIS	ITA	0:52:30	0:52:30	+16:44	6:59
69	238	Usai Giuliana	F		IS PARDULAS	ITA	0:52:57	0:54:35	+17:11	7:16
70	239	Usai Rita	F		IS PARDULAS	ITA	0:52:57	0:54:36	+17:11	7:16
71	337	PIRAS STEFANO	M		ISOLA SPORTIVA	ITA	0:53:22	0:54:54	+17:35	7:19
72	248	PEDDIS LUCA	M		SPECIALCARTEAM	ITA	0:53:47	0:55:37	+18:01	7:24
73	216	OLIVIERI MIRIAM	F		LIONSFITCLUB	ITA	0:53:51	0:55:39	+18:05	7:25
74	240	Manca Giulia	F		IS PARDULAS	ITA	0:53:57	0:55:34	+18:11	7:24
75	304	Zedda Gianlorenzo	M		HIMALAYA	ITA	0:54:28	0:56:02	+18:42	7:28
76	344	DE RINALDIS GIUSEPPE	M		KARISMA	ITA	0:55:10	0:56:48	+19:24	7:34
77	279	SANNA IRENE	F		A.S.D. ISOLA SPORTIVA	ITA	0:55:21	0:56:48	+19:35	7:34
78	282	CAMPANELLA ELIANA	F		A.S.D. ISOLA SPORTIVA	ITA	0:55:21	0:56:47	+19:35	7:34
79	242	Sanna Lino	M		SANNA'S TEAM	ITA	0:55:37	0:57:23	+19:51	7:39
80	217	PERRA ILARIA	F		LIONSFITCLUB	ITA	0:55:51	0:57:35	+20:05	7:40
81	243	Podda Anna Margherita	F		SANNA'S TEAM	ITA	0:55:51	0:57:38	+20:05	7:41
82	211	ACCA TAMARA	F		LIONSFITCLUB	ITA	0:56:19	0:56:19	+20:33	7:30
83	213	CASU GIORGIO	M		LIONSFITCLUB	ITA	0:56:19	0:58:04	+20:33	7:44
84	215	MARRAS CLAUDIA	F		LIONSFITCLUB	ITA	0:56:52	0:56:52	+21:06	7:34
85	324	Quartu Gianluca	M		KARALIS XTREME	ITA	0:56:53	0:58:49	+21:07	7:50
86	353	FODDIS MANUELA	M		INDIVIDUALE	ITA	0:57:23	0:57:23	+21:37	7:38
87	326	Murgia Claudia	F		ISOLA SPORTIVA	ITA	0:58:16	0:59:45	+22:29	7:57
88	327	Baldelli Daniele	M		ISOLA SPORTIVA	ITA	0:58:16	0:59:45	+22:30	7:57
89	355	COGRONI RICCARDO	M		INDIVIDUALE	ITA	0:58:17	0:59:51	+22:31	7:58
90	203	Maccio Laura	F		CROSSFIT KASTEDDU	ITA	0:59:56	1:01:55	+24:10	8:15
91	330	Cannas Alessia	F		CROSSFIT KASTEDDU	ITA	1:00:07	1:02:04	+24:21	8:16
92	303	Altea Pier Luigi	M		HIMALAYA	ITA	1:00:11	1:00:11	+24:25	8:01
93	306	Cuccu Stefania	F		HIMALAYA	ITA	1:01:15	1:03:04	+25:29	8:24
94	228	Mattana Davide	M		IS PARDULAS	ITA	1:01:24	1:02:59	+25:38	8:23
95	287	Fanti Maura	F		KARISMA	ITA	1:02:03	1:02:03	+26:17	8:16
96	290	Cuccuru Stefania	F		KARISMA	ITA	1:02:03	1:03:41	+26:17	8:29
97	300	Concas Antonello	M		HIMALAYA	ITA	1:02:58	1:04:29	+27:12	8:35
98	233	Rivano Antonella	F		IS PARDULAS	ITA	1:03:12	1:04:52	+27:26	8:38
99	232	Tronci M. Francesca	F		IS PARDULAS	ITA	1:03:12	1:04:55	+27:26	8:39
100	288	Cuccuru Valentina	F		KARISMA	ITA	1:03:19	1:03:19	+27:33	8:26
101	231	Zucca Eleonora	F		IS PARDULAS	ITA	1:03:48	1:05:29	+28:02	8:43
102	236	Lai Barbara	F		IS PARDULAS	ITA	1:03:49	1:05:24	+28:02	8:43
103	272	CADEDDU CARLA	F		A.S.D. ISOLA SPORTIVA	ITA	1:03:51	1:05:19	+28:05	8:42
104	278	MULAS GIOVANNA	F		A.S.D. ISOLA SPORTIVA	ITA	1:03:52	1:03:52	+28:06	8:30
105	230	Caria Ivana	F		IS PARDULAS	ITA	1:03:52	1:05:28	+28:06	8:43
106	235	Manca Emanuela	F		IS PARDULAS	ITA	1:03:52	1:05:34	+28:06	8:44
107	313	Collu Francesca	F		HIMALAYA	ITA	1:04:30	1:06:08	+28:44	8:48
108	275	MILIANO CRISTINA	F		A.S.D. ISOLA SPORTIVA	ITA	1:05:11	1:06:38	+29:25	8:53
109	314	Collu Giulia	F		HIMALAYA	ITA	1:05:40	1:07:18	+29:54	8:58
110	273	BOY RACHELE	F		A.S.D. ISOLA SPORTIVA	ITA	1:05:56	1:07:21	+30:10	8:58
111	274	MARRA STEFANIA	F		A.S.D. ISOLA SPORTIVA	ITA	1:05:57	1:07:21	+30:11	8:58
112	208	Pibia Francesca	F		GRUPPO FITNESS	ITA	1:05:57	1:07:19	+30:11	8:58
113	331	Borgonovo Veronica	F		INDIVIDUALE	ITA	1:06:36	1:07:58	+30:50	9:03
114	206	Serra Silvana	F		GRUPPO FITNESS	ITA	1:06:55	1:08:16	+31:09	9:06
115	207	Villani Daniela	F		GRUPPO FITNESS	ITA	1:07:08	1:08:29	+31:22	9:07
116	263	Ruocco Laura	F			ITA	1:07:24	1:08:46	+31:38	9:10
117	262	Putzu Antonello	M			ITA	1:07:25	1:08:47	+31:39	9:10
118	325	Cani Maria Valentina	F		KARALIS XTREME	ITA	1:07:29	1:09:25	+31:43	9:15
119	323	Sgroi Sebastiano	M		KARALIS XTREME	ITA	1:07:30	1:09:25	+31:44	9:15
120	338	ANGIUS SILVIA	M		ISOLA SPORTIVA	ITA	1:07:41	1:09:08	+31:55	9:12
121	277	CADEDDU SIMONETTA	F		A.S.D. ISOLA SPORTIVA	ITA	1:07:44	1:09:08	+31:58	9:13
122	361	GARAU RINA	F		GRUPPO FITNESS	ITA	1:07:49	1:09:11	+32:03	9:13
123	281	USAI ELISABETTA	F		A.S.D. ISOLA SPORTIVA	ITA	1:07:54	1:07:54	+32:08	9:03

Generale

pos	pett.	atleta	sex	cat.	p.cat team	naz	race time	real time	gap	media
124	209	Onnis Ilenia	F		GRUPPO FITNESS	ITA	1:15:57	1:17:17	+40:11	10:18
125	210	Bua Giovanni	M		GRUPPO FITNESS	ITA	1:15:57	1:17:17	+40:11	10:18
126	341	CARTA ALBERTO	M		LIONSFITCLUB	ITA	1:24:37	1:24:37	+48:51	11:16
127	348	SABA ILENIA	F		INDIVIDUALE	ITA	1:29:09	1:29:09	+53:23	11:53
128	305	Bolasco Barbara	F		HIMALAYA	ITA	1:32:04	1:33:38	+56:18	12:28